



# CARONDELET PARK Rec Plex

operated by the YMCA of Greater St. Louis

## Media Contact:

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## BACKGROUND

### **HISTORY**

In 2001, Representative Richard Gephardt began the eight-year process of bringing a community recreation center to the city community south of Interstate 44. After Carondelet Park was determined as the best site in the fall of 2003, the City of St. Louis partnered with the YMCA of Greater St. Louis to develop a pro-forma budget for the YMCA to operate the facility upon completion of construction. The YMCA will operate the Carondelet Park Rec Plex consisted with the YMCA's service standards and operating procedures.

The Carondelet Park Rec Plex will continue to offer traditional YMCA programs and services including financial scholarship assistance and memberships as well as building upon the community's overall image and economic development through job growth.

### **MEMBERSHIP**

Membership rates for the Carondelet Park Rec Plex will match those of the South City Family YMCA. While rates will be slightly higher than past rates at the Carondelet Family YMCA, a membership at the new facility includes membership at the South City Family YMCA, located on Sublette Ave., near Arsenal. This special arrangement offers a valuable reciprocal benefit and flexibility for members.

Metro memberships offer access to all 18 branches of the YMCA of Greater St. Louis. Because the City of St. Louis funded the construction of the facility, membership rates for city residents will be lower than those for non-city residents.

### **SOUTH CITY COMMUNITY IMAGE**

The new facility offers South City's diversified community many opportunities to come together for social and recreational activities, to build a stronger community and to attract new city residents.

### **JOB GROWTH**

Job growth is a direct result of the need to properly operate the new facility and serve member needs according to YMCA standards. The facility will employ more than twice then number of part-time staff currently employed by the Carondelet Family YMCA, and several full-time staff positions will be available. As the facility's membership grows, opportunities increase for part-time positions to develop into full-time positions.

For information on employment or volunteer opportunities, please visit the careers section at [www.ymcastlouis.org](http://www.ymcastlouis.org) or contact Julia McBride at [jmcbride@ymcastlouis.org](mailto:jmcbride@ymcastlouis.org)

*The YMCA of Greater St. Louis is a not-for-profit organization featuring 18 traditional YMCA branches and two Campus YMCA student-service facilities on the Missouri side of the St. Louis Metro Area in addition to Camp Lakewood and Trout Lodge in Potosi, Mo. The YMCA Mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all. The YMCA's Core Values of caring, honesty, respect and responsibility are the basis for all that we do. The YMCA strives to serve everyone, and provides financial assistance to those who qualify. Financial assistance is made possible through the generous support of those who give to the YMCA of Greater St. Louis' Strong Community Campaign, the association's annual fundraising drive. For more information, please visit [www.ymcastlouis.org](http://www.ymcastlouis.org) or call 314-436-1177.*



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### Facility Facts

The entire LEED certified facility will require 2500 amps of power daily, which is equal to only 12 – 13 houses! LEED is the recognized standard for measuring building sustainability. The Rec Plex is designed to promote construction practices which increase profitability, reduce our carbon footprint and improve occupant health and well-being.

**Building Size:** 76,000 sq. ft., 47.5 ft. tall

Upper Level: 28,424 sq. ft.

Lower Level: 47,716 sq. ft.

Fitness Area: 5,470 sq. ft.

Area of Hard Wood Floors: 14,092 sq. ft.

Indoor Track: 482 ft., 11 laps makes a mile!

Parking lot: 280 spaces

#### Indoor Pool:

142,391 gallons to fill the indoor pool

Slide: 24 ft. tall, 176.5 ft. long

Lazy River: 115 ft. long!

#### Fitness Center:

The facility will host over **60 fitness classes** and up to **30 aquatic classes** per week. Plus, there will be over 45 youth swim lesson classes taught every week!

The fitness area will have over 48 pieces of cardiovascular equipment and 40 pieces of strength equipment:

15 Treadmill machines

10 Elliptical machines

4 Adaptive Motion Trainer machines

3 Upright bikes

3 Recumbent bikes

8 Arc Trainers

2 NuStep Recumbent Cross Trainer

2 eSpinner machines

The new building is jammed packed with the necessities, too:

112 doors • 15 drinking fountains • 38 sinks • 24 showers • 35 toilets & 9 urinals